



BAYS UNITED SUMMER SOCCER CAMPS

2010

for boys and girls U6-U12 years

FROM THE CAMP DIRECTOR

Bays United summer soccer camps are a fun and exciting way to build your soccer skills with some of our best technical coaches. This dynamic soccer experience not only helps to develop our young players, but it also helps build a great sense of belonging in our soccer club!

- *Darryl Hooker, U6-U11 Technical Director*



CAMP PHILOSOPHY

At our Bays United camps, we provide a rich learning experience in balance with “fun in the sun!” Some of our primary aims:

- Focus on individual skills – dribbling, passing, shooting
- Improve team skills and game understanding
- Motivate participants with “bite-size” coaching strategies
- Foster sportsmanship and citizenship
- Promote physical fitness
- Provide FUNdamental motor skills development

FUNdamentals

Scientific sport research shows that children will become better athletes AND stay active longer in life if they learn FUNdamental sports movements prior to their teen years. In line with Canadian Sport for Life recommendations (www.ltad.ca), Bays United camps are dedicated to promoting the FUNdamentals to ensure young players develop important motor skills



CAMP FORMAT

Campers are streamed into teams based on age, size and skill level – this provides the best learning and playing situation. Then they are given the name of a famous soccer team (e.g. Barcelona, Manchester United, etc.) and a colorful camp t-shirt to identify their group!

- Player to coach ratio is 12:1
- Small-sided games increase touches and skills (3 a-side, 6 a-side)
- Opportunities for players to win prizes and ribbons all week
- Full-day campers swim at Oak Bay Recreation Centre (end of each day)
- All participants receive a camp t-shirt!

CAMP DATES

Two separate one-week camps are being offered in Summer 2010 – you can register for either one, or you can register for both and get a discount! Camps are held at Oak Bay Secondary School field.

Camp 1: July 19-23 **Camp 2:** August 23-27

Times:

9:30am-12:30pm Half-day campers (U6 &U7)

9:30am-3:30pm Full-day campers (U8-U12)

Cost:

\$95 for half-day camp (\$85 for additional child or second week)

\$155 for full-day camp (\$145 for additional child or second week)

THINGS TO BRING!

- Shorts and soccer shoes are recommended
- Shin pads are optional
- Bottled water, plus sunscreen & cap for sun protection
- Towel & swimsuit for full-day campers
- Zippered backpack to protect lunch & snacks from crows!

**Bays United Summer Soccer Camps 2010
REGISTRATION FORM**

Please register my child for:

- Camp 1: July 19-23 Camp 2: August 23-27

Player name _____ Birth year _____

2nd child? _____ Birth year _____

Email _____ Phone # _____

Cheque enclosed:

Full-day Camp (U-8 to U12)

- \$155 first child \$135 second child \$135 second week

Half-day Camp (U6 to U7)

- \$95 first child \$85 second child \$85 second week

Please make post-dated cheques payable to: Bays United FC

Post-date: Camp 1 cheques for July 15
 Camp 2 cheques for August 1

Please mail completed Registration Form and cheque(s) to:

Darryl Hooker
2575 Macdonald Drive
Victoria BC V8N 1X7

NEED MORE INFORMATION?

Email Darryl Hooker at dch1@shaw.ca