



BAYS UNITED SPRING LEAGUE 2010

For boys and girls

U7 to U11

April 28 - June 16, 2010

Welcome to Bays United Spring
League 2010!

I am very excited about developing our own Bays United FC Spring League program. These sessions will teach your keen soccer child more about the tactical side of the game, with coaching focused on small sided games and less on ball drills. It's a fun way to learn the "strategy" side of soccer, while still getting lots of touches on the ball. We hope to see you this spring!



Darryl Hooker
Spring League Director &
U6-U11 Technical Director

Spring League philosophy

Spring League is open to players of all levels of ability. Players will be assigned to balanced teams and coached by certified coaches. The idea is to keep enthusiastic players active in the game after winter league finishes, while advancing their understanding of the fine points of passing movement and team combination play. In short, learning how to play the game — while playing the game!

Specifically, we aim to:

Improve team skills - team passing, possession, movement off the ball, depth in attack, and positional play

Teach citizenship and sportsmanship

Motivate participants through bite-sized learning in fun game situations



Spring League dynamics

- Average ratio of players to coach 12 - 1
- 5 or 6 a-side game format is used to enhance individual participation and increase ball touches
- Each player receives a Spring League t-shirt
- Players will be placed on balanced teams each week and play round robin games

Session structure:

1. 10 minutes - warm up and foot skills practice
2. 30 minutes - instructional scrimmage
3. 30 minutes - regular game

Dates: Wednesday evenings
April 28 to June 16 (8 sessions)

Times: 6:00-7:10 PM ages U7 - U8
7:20 - 8:30 PM ages U9 - U11

Fields: To Be Announced

Things to bring each week

Soccer gear: shorts, cleats, shin pads

Spring League T-shirt (provided)

Bottled water

Enthusiasm !!!



Bays United FC Spring League

2010 Registration form

Player name _____ age _____

2nd player name _____ age _____

Email address _____ phone# _____

(Registration will be confirmed by email)

Fee: \$65 ___first child \$55 ___second child

(please check)

Please make cheque payable to: **Bays United FC**

Mail form & cheque to:

Darryl Hooker

2575 Macdonald Drive

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Need more information?

Email Darryl at dch1@shaw.ca