



Bays United FC Spring League  
2011 Registration form

Player name \_\_\_\_\_ age \_\_

2nd player name \_\_\_\_\_ age\_\_

Email address \_\_\_\_\_

phone# \_\_\_\_\_

(Registration will be confirmed by email)

Fee: \$75 \_\_\_first child      \$65 \_\_\_second child  
( please check )

Please make cheque payable to: **Bays United FC**  
Mail registration to:

Darryl Hooker  
2575 Macdonald Drive  
Victoria, BC  
V8N 1X7

Need more information?  
Email Darryl at: [dch1@shaw.ca](mailto:dch1@shaw.ca)

# BAYS UNITED SPRING LEAGUE 2011

For boys and girls  
U7 to U11

April 27 - June 15, 2011

## Welcome to Bays United Spring League 2011!

I am very excited about the Bays United FC Spring League program. These sessions will teach your keen soccer child more about the tactical side of the game, with coaching focused on small sided games and less on ball drills. It's a fun way to learn the "strategy" side of soccer, while still getting lots of touches on the ball. We hope to see you this spring!



**Darryl Hooker**  
Spring League Director &  
U6-U11 Technical Director

### Spring League philosophy

Spring League is open to players of all levels of ability. Players will be assigned to balanced teams and coached by certified coaches. The idea is to keep enthusiastic players active in the game after winter league finishes, while advancing their understanding of the finer points of the game. In short, learning how to play the game, while playing the game.



### Spring League dynamics

- 5 or 6 a-side game format is used to enhance individual participation and increase ball touches
- Each player receives a Spring League t-shirt
- Players will be placed on balanced teams each week and play round robin games

### Session structure:

1. 10 minutes - warm up and foot skills practice
2. 30 minutes - instructional scrimmage
3. 30 minutes - regular game

### Dates:

Wednesday evenings  
April 27 to June 15  
(8 sessions)

### Times:

6:00-7:10 PM ages U7 - U8  
7:20 - 8:30 PM ages U9 - U11

Fields: **Monterey School**

